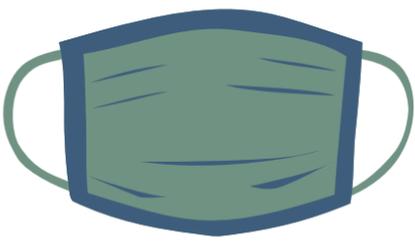


## COVID-19 SAFETY MEASURES

Your safety is our priority. Thank you for your cooperation!



1

### WEAR A MASK

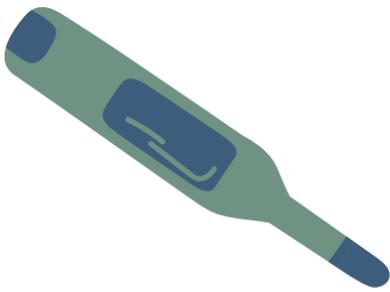
Based on the state requirements patients must wear a mask over their nose and mouth the entire time they are in the building. Dr. Birchann and all staff will be wearing masks.



2

### CLEAN HANDS

Dr. Birchann is washing her hands between each patient and will wear gloves upon request. Please wash your hands or use hand sanitizer available at the front desk when you arrive.



3

### TEMPERATURE CHECKS & SCREENING QUESTIONS

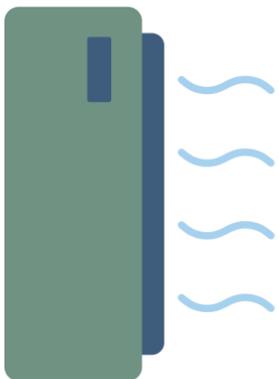
When you arrive at the office you we will take your temperature and ask a series of screening questions.



4

### WE ARE KEEPING IT CLEAN

We will be disinfecting all contact surfaces between each patient via the WHO and CDC guidellines.



5

### WE HAVE CLEAN AIR

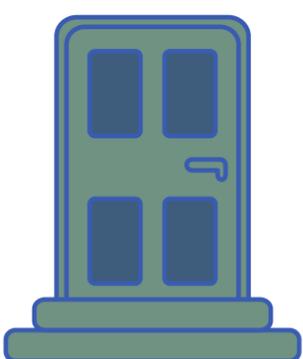
We have installed a whole office ionic and HEPA air purifier in our furnace. The office air will be running and circulating at all times. We have additional air HEPA purifiers in the massage rooms and additional purifiers with UV lights.



6

### CONTACTLESS PAYMENT

Our new credit card processor allows you to pay with all forms of payment. You run your own card and no signatures are required. We may also keep your card on file so that you don't even have to bring in your wallet.



7

### NO TOUCH OFFICE DOOR

The door knob into the office has been disabled so that it is easy opened by pushing the door without your hands. To pull the door open look at the bottom of the door for the foot pull.

Additionally: please bathe the day of your appointment and wear fresh clothes. We must ask that only the patient comes to the office, guests and friends will be asked to wait outside. Famalies or partners all reciving care may come together.